



Together we achieve more

## Training Course List

At Raeburn Training we work in partnership with candidates, businesses and organisations Scotland and beyond, to deliver courses on a range of topics. We deliver courses across a range of industries, as well as specialising in the construction industry.

A wide range of courses and services are available, including Health and Safety, first aid, plant operations, access equipment, CSCS training/ testing and CPCS testing.

We also support clients with a range of services such as training plan management, support to attain funding (up to £15,000), Health and Safety support and site inspections.

All prices are exclusive of VAT and are valid as of 1st December 2021, subject to change. Training packages are available on request, and if there is a course you need that isn't listed, please get in touch and we will provide a solution.



# CSCS Training and Testing

Raeburn Training provide a variety of training and testing surrounding the CSCS card scheme. The entry level green labourers card is the most common course, requiring training (both the REHIS and H&S Awareness courses below qualify) and testing. We also support candidates attain the other 12 card types, arranging bookings of VQs where appropriate. All Health, Safety and Environmental tests are available including operative, specialist and managers / professionals.

	Accredited	Duration	Open / Closed Course	Max Attendees	Delivery
<b>Elementary Health and Safety</b>					
This course is designed to provide a general overview of Health and Safety in the workplace across all industries. Approved course for the CSCS Green Labourers Card. Discounts available on sliding scale depending on candidates (min. of 4).	REHIS	1 day	Both	15	Classroom
<b>Health and Safety Awareness (HSA)</b>					
This CITB SSP course is designed to provide a general overview of Health and Safety in the construction industry. Approved course for the CSCS Green Labourers Card. Discounts available on sliding scale depending on candidates (min. of 5).	CITB / SSP	1 day	Both	15	Classroom
<b>Prepare for your CSCS test</b>					
Tutor led course to prepare candidate to prepare for their CSCS Touch Screen test.		½ day	Open	10	Classroom
<b>Health, Safety &amp; Environment Touch Screen test</b>					
An invigilated, computer based test that when passed, gains candidates their CSCS Card.	CITB	1.5 hours	Open	4	Internet Suite
<b>CSCS Card Fee</b>					
Payable direct to CITB should candidates wish to apply direct.					
<b>Card application Fee</b>					
Where training / testing undertaken with Raeburn Training, fee to apply for card on behalf of candidate					

## CPCS RENEWAL TESTS

Testing across the range of CPCS categories, each renewal lasts 15 minutes, and up to 5 renewals can be taken in one booking.

Our prices per person are: 1-3 renewal tests: £45+VAT, Up to 5 renewal tests: £55+VAT



# Safety Plus Training – Supervisors and Managers

SSSTS/SMSTS courses are run in-house on demand, with trusted third party providers being used as required.

	Duration	Open / Closed Course	Max Attendees	Delivery
<b>Site Supervisor Safety (SSSTS)</b>				
This SSSTS course is for site supervisors and those looking to progress into a supervisory position in the near future. Candidates should hold, or be about to hold, the role of a supervisor.	2 days	Both	20	Classroom
<b>Site Supervisor Safety (SSSTS) Refresher</b>				
This SSSTS renewal is for supervisors who currently hold a valid SSSTS certificate, and must be completed before the certificate expires or candidates will need to re-take the full course.	1 day	Both	20	Classroom
<b>Site Management Safety (SMSTS)</b>				
This SMSTS course is for site managers and those looking to progress into a management position in the near future. Candidates should hold, or be about to hold, the role of a manager.	5 days (block or day release)	Both	20	Classroom
<b>Site Management Safety (SMSTS) Refresher</b>				
This SMSTS course is for project managers, site managers and supervisors, business owners and clients who already hold a valid SMSTS certificate, and must be completed before the certificate expires or candidates will need to re-take the full course.	2 days	Both	20	Classroom



# IOSH Courses

Our range of IOSH (Institution of Occupational Safety and Health) courses are suitable for any organisation and industry and is an international acknowledged qualification, providing an insight and practical tools to create a safer and healthier working environment and culture.

	Duration	Open / Closed Course	Max Attendees	Delivery
<b>IOSH Working Safely</b>				
This course will provide delegates with the knowledge required to ensure employees within an organisation understand their health and safety responsibilities in the workplace, and is recommended for people at any level, in any sector, needing a knowledge of the essentials of health and safety.	1 day	Both	12	Classroom
<b>IOSH Supervising Safely</b>				
This course is designed to give an understanding and awareness of effective safety management in the workplace. Supervising Safely will give the knowledge and tools to tackle the health and safety issues that Supervisors are responsible for every day.	2 days	Both	12	Classroom
<b>IOSH Managing Safely</b>				
The IOSH Managing Safely course covers, in detail, the core responsibilities of anyone tasked with managing workplace health and safety and is recommended for managers, anyone with management responsibility for staff, or those who need a clear understanding of the key elements of effective health and safety management and associated legislation.	3 days	Both	12	Classroom



# First Aid Courses

Our qualified first aid trainers will enable candidates to feel confident dealing with a range of situations, both physically and mentally with our range of courses on offer. Our in-person First Aid Courses are Quallsafe accredited.

	Duration	Open / Closed Course	Max Attendees	Delivery
<b>First Aid at Work</b>				
The purpose of this course is to provide learners with the skills and knowledge needed to deal with a range of first aid situations, normally found in a higher risk environment.	3 days	Both	12	Classroom
<b>First Aid at Work – requalification</b>				
This regulated qualification is ideal for anyone wishing to maintain their first aider qualification. Learners will need to produce their current or previous recently expired FAW certificate in order to attend this course.	2 days	Both	12	Classroom
<b>Emergency First Aid at Work</b>				
The purpose of this course is to provide learners with the skills and knowledge needed to deal with a range of emergency first aid situations, normally found in a lower risk environment.	1 day	Both	12	Classroom
<b>Mental Health First Aid</b>				
The QA Level 3 Award in Mental Health First Aid in the Workplace (RQF) is a regulated and nationally recognised qualification, specifically designed to raise awareness of mental health, and develop an understanding of how to support, reassure and signpost fellow colleagues to professional support.	2 days	Both	12	Classroom

Unsure as to what course is right for you? First aid forms part of your companies emergency procedures, further guidance is available on the HSE website, training requirements follow from a first aid needs assessment which takes into account the nature of your work, the prevalent hazards and risks, the nature and size of your workforce, work patterns and holiday cover.

For further assistance, either speak to a member of the team or check out our website to use our First Aid Requirements calculator to help you make an informed decision.



# General Health & Safety

Our course offering for general health and safety is vast, covering topics across different industries and roles within an organisation including practical, operational training as well as more management level courses. We have included prices for our most in demand courses, however, our offering goes far beyond this, simply get in touch to discuss your requirements.

	Duration	Open / Closed Course	Max Attendees	Delivery
<b>Abrasive Wheels Awareness</b>				
The purpose of the Abrasive Wheels Awareness training is to provide candidates with the knowledge and skills in safe storage, transport and mounting of abrasive wheels, this meets the CITB approved standard.	½ day	Closed	15	Classroom
<b>Abrasive Wheels Practical</b>				
This course contains the same content as the Abrasive Wheels Awareness course, along with additional practical experience of operating the tools.	1 day	Closed	15	Classroom
<b>Asbestos Awareness</b>				
The purpose of this course is to provide candidates with an understanding of the risks of exposure to asbestos and how to avoid work which may disturb asbestos-containing materials.	½ day	Both	15	Classroom
<b>Manual Handling Awareness</b>				
This Manual Handling Awareness course raises awareness of the dangers associated with Manual Handling and the practical steps that can be taken to minimise and control the risks that Manual Handling presents.	½ day	Closed	15	Classroom
<b>Fire Warden</b>				
This course covers necessary theoretical training required to be a qualified fire warden. It covers your legal duties, gives an understanding of fire, familiarises you with fire hazards and what your emergency evacuation procedures should include.	½ day	Closed	15	Classroom

<b>COSHH</b>				
Control of Substances Hazardous to Health (COSHH) courses are specially designed to give people the knowledge and understanding of how to work safely with hazardous substances.	½ day	Closed	10	Classroom
<b>HAVs Awareness</b>				
Hand Arm Vibration Awareness (HAVS) Training supplies you with the knowledge and awareness needed in order to assess, recognise, and prevent the risks related to hand-arm vibrations.	½ day	Closed	10	Classroom
<b>Working at Height</b>				
This course is designed to provide you with greater awareness in the use of ladders, step ladders, harnesses and a variety of other equipment that is used when working at height.	½ day	Closed	10	Classroom
<b>Accident Investigation</b>				
This one day course is aimed at those who will either lead or assist in the investigation of accidents and incidents in the workplace. This will enable you to assist and carryout incident investigations in the construction workplace.	1 day	Closed	10	Classroom
<b>Qualitative Face Fit Testing</b>				
A Qualitative Face Fit Test uses an individual's sense of taste to confirm respiratory protective equipmet fits and provides effective protection.	½ day	Both	8	Classroom
<b>Confined Space – medium risk unaccredited</b>				
This course aims to ensure candidates have an understanding of the risks of working in a confined space and involves working as a team to use environmental monitoring, escape breathing apparatus and access equipment.	1 day	Open	4	Classroom
<b>Confined Space – medium risk SQA accredited</b>				
The course allows learners to be assessed against a national standard where they can demonstrate practical skills and provide knowledge evidence that they are capable of working safely in a medium risk confined space environment, where a specified hazard may be present.	2 days	Open	4	Classroom

**On request, two half-day courses can be combined into a one-day course.**

# Online/Remote Courses

E-courses are online courses that can either be delivered from our internet test centre in Kirkcaldy supported by our team, or delivered remotely using clients own facilities. These are our more popular courses, more are available.

	Duration	Open / Closed Course	Delivery
<b>Asbestos Awareness eCourse</b>			
The purpose of this UKATA accredited course is to provide candidates with an understanding of the risks of exposure to asbestos and how to avoid work which may disturb asbestos-containing materials.	2-3 hours	Open	Online
<b>COSHH eCourse</b>			
This ROSPA approved Control of Substances Hazardous to Health course is specially designed to give people the knowledge & understanding of how to work safely with hazardous substances.	2-3 hours	Open	Online
<b>Manual Handling Awareness eCourse</b>			
This IIRSM approved course provides learners with an understanding of safe manual handling practices and how they can reduce the associated risks.	3 hours	Open	Online
<b>Working at Height eCourse</b>			
This ROSPA accredited course is designed to provide you with greater awareness in the use of ladders, step ladders, harnesses and a variety of other equipment that is used when working at height.	1-2 hours	Open	Online
<b>Fire Warden eCourse</b>			
This ROSPA accredited course covers necessary theoretical training required to be a qualified fire warden. It an understanding of fire and familiarises you with fire hazards.	3 hours	Open	Online



# Online/Remote Courses

<b>Spill Management Training eCourse</b>			
The ROSPA accredited course helps learners understand how to manage hazardous spills, including spill prevention and what should be included in your Pollution Incident Response Plan.	2 hours	Open	Online
<b>Food Hygiene eCourse</b>			
These level 2 ROSPA accredited courses are for all food handlers involved in either catering, retail or manufacturing.	2 hours	Open	Online
<b>Legionella &amp; Legionnaires' Disease Awareness eCourse</b>			
This ROSPA accredited course helps duty holders understand their legal responsibilities in relation to controlling legionella risks in man-made water systems.	2-3 hours	Open	Online



# Plant Training

We offer courses across 46 different NPORS categories for construction plant, using our instructors as well as carefully selected third party providers. These courses are suitable for people who have the sufficient knowledge and practical experience to be able to pass the theory and practical element for the NPORS Operator Card.

Course length and number of attendees is determined by the experience of the individuals booked onto the course. Get in touch to discuss the specific levels of training you require.

	Duration	Open / Closed Course	Max Attendees*	Delivery
<b>CPCS Card</b>				
An industry-standard identification that an individual has the necessary knowledge and competence to work as a plant operator within the field of construction.				
<b>NPORS Forward Tipping Dumper</b>				
Aims to provide learners with an understanding of the relevant operational and safety requirements applicable to Forward Tipping Dumper operation.	Dependent on experience	Both	Dependent on experience	On-Site or On-Centre
<b>NPORS Forward Tipping Mini Dumper</b>				
Aims to provide learners with an understanding of the relevant operational and safety requirements applicable to Forward Tipping Mini Dumper operation.	Dependent on experience	Both	Dependent on experience	On-Site or On-Centre
<b>NPORS Road Roller</b>				
Provides learners with a thorough understanding of the relevant operational and safety requirements applicable to Road Roller operators.	Dependent on experience	Both	Dependent on experience	On-Site or On-Centre
<b>NPORS Excavator 360</b>				
Aims to provide learners with an understanding of the relevant operational and safety requirements applicable to 360 excavator operators.	Dependent on experience	Both	Dependent on experience	On-Site or On-Centre
<b>NPORS Excavator Mini</b>				
Aims to provide learners with an understanding of the relevant operational and safety requirements applicable to 360 mini excavator operators.	Dependent on experience	Both	Dependent on experience	On-Site or On-Centre



<b>NPORS Material Rehandler</b>				
Provides learners with the theoretical knowledge and practical skills to work effectively and safely when using the plant mover.	Dependent on experience	Both	Dependent on experience	On-Site or On-Centre
<b>NPORS Slinger/Signaller</b>				
Provides learners with an understanding of the relevant operational and safety requirements applicable to slinging and signalling as a banksman.	Dependent on experience	Both	Dependent on experience	On-Site or On-Centre
<b>NPORS Agricultural Tractor</b>				
Provides learners with the basic knowledge and practical skills involved in operating an agricultural tractor.	Dependent on experience	Both	Dependent on experience	On-Site or On-Centre
<b>NPORS Forklift</b>				
Provides the learner with the knowledge to be able to operate a forklift safely and competently.	Dependent on experience	Both	Dependent on experience	On-Site or On-Centre
<b>NPORS Telehandler</b>				
Provides learners with a thorough understanding of the relevant operational and safety requirements applicable to telescopic handler (telehandler) operators.	Dependent on experience	Both	Dependent on experience	On-Site or On-Centre

# Access Equipment

Using our trusted network of trainers and third party providers, we can support clients with forklift training across various accredited schemes, and mobile access equipment under IPAF and PASMA.

These are delivered from a variety of locations and prices vary, as this allows a one stop shop for our clients to avoid dealing with different providers for different training. We can also arrange for delivery on clients premises, small travel charge is added to the prices below where a lengthy journey is required, please contact the team for a tailored quote for your location.

	Duration	Open / Closed Course	Delivery
<b>IPAF 3a/3b</b>			
Aims to prepare learners to operate various types of Mobile Elevating Work Platforms (MEWPs), including any scissor lifts and personnel lifts that do not have outriggers so that you can drive the machine while elevated	1 day	Both	On-Site or On-Centre
<b>IPAF 1b</b>			
This programme is designed for the operators of Mobile Elevating Work Platforms (MEWPs) and those looking to renew their operator licences.	1 day	Both	On-Site or On-Centre
<b>PASMA – Towers for Users</b>			
This course is suitable for personnel who will be responsible for the assembly, dismantling, alteration, moving and inspecting of mobile access towers.	1 day	Both	On-Site or On-Centre
<b>PASMA - Combined Low-Level Access and Towers for Users</b>			
This course will equip you with the specialist knowledge you need to work safely with mobile access towers and low-level access equipment.	1 day	Both	On-Site or On-Centre
<b>PASMA - Stairs</b>			
To provide learners with the knowledge to safely assemble, dismantle and relocate towers on stairs without risk of personal injury to yourself or others.	1 day	Both	On-Site or On-Centre

## CONTACT US

### **Raeburn Training**

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#### **E-mail:**

All enquiries can be sent to our support team who will be happy to assist and provide solutions:  
[enquiries@raeburntraining.co.uk](mailto:enquiries@raeburntraining.co.uk)



#### **Telephone:**

If you would prefer to discuss your enquiry, please contact  
**01592 724 797**



#### **Website:**

To find out more about Raeburn Training and for full course details please visit our website  
[www.raeburntraining.co.uk](http://www.raeburntraining.co.uk)



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